

# Goddard Sailing Association

## Basic Sailing Qualification Record

Student Name: \_\_\_\_\_

I. Classroom Instruction:

a. Passed written Exam: \_\_\_\_\_  
Classroom Instructor \_\_\_\_\_ Date \_\_\_\_\_

II. On Water Instruction:

<b>Practical / Knowledge Factor</b>	<b>Instructor signature</b>	<b>Date</b>
1. Lead the crew in completing the underway check list	_____	_____
2. Move the boat to the launch position with the golf cart and launch it with the hoist.	_____	_____
3. Secure the boat to the dock with the painter and lead the crew in rigging the boat to sail	_____	_____
4. Act as helmsmen getting the boat underway	_____	_____
5. Demonstrate knowledge of rules for buoys and markers sailing to and from Selby Bay out to South River	_____	_____
6. Demonstrate knowledge of rules of the road with respect to other boats under sail, power boats and vessels with restricted ability to maneuver.	_____	_____
7. While sailing upwind, change course by tacking, minimum of four tacking maneuvers.	_____	_____

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|---|--|--|
| 8. While sailing downwind, change course by jibing, minimum of four jibing maneuvers.   |  |  |
| 9. Heave to, drift for 3 minutes  |  |  |
| 10. Conduct, as helm, three successful man overboard recovery drills:   |  |  |
| a. First recovery drill   |  |  |
| b. Second recovery drill  |  |  |
| c. Third recovery drill   |  |  |
| 11. Demonstrate knowledge of capsize prevention and recovery from capsize.  |  |  |
| 12. Reefing: Reef the mainsail and shake out the reef.  |  |  |
| 13. Demonstrate knowledge of thunderstorm drill   |  |  |
| 14. Marlinspike seamanship:<br>Demonstrate the ability to tie:<br>Clove hitch<br>Round Turn & 2 half hitches<br>Bowline<br>Figure 8 or stopper knot<br>Reef (square) knot |  |  |
| 15. Act as helm for landing the boat at the dock  |  |  |
| 16. Lead the crew in de-rigging the boat and getting it ready to hoist.   |  |  |
| 17 Hoist the boat onto the trailer and move it back to the storage position with the golf cart.   |  |  |
| 18 Lead the crew in completing the post sail checklist.   |  |  |

I certify that the above member has satisfactorily completed all GSA basic sailing course qualification requirements and has demonstrated the knowledge, skills and good judgment required of a Flying Scot helmsman.

\_\_\_\_\_  
Qualifying Instructor

\_\_\_\_\_  
Date

I realize that sailing can be dangerous. Passing this qualification exam DOES NOT mean I am capable of handling all situations. I am responsible for judging my own qualifications, avoiding dangerous situations, and handling them when these arise. When I charter a boat from the GSA, I assume FULL responsibility for my actions and for the condition of the boat and its equipment. I release GSA from ALL liability.

Student Signature: \_\_\_\_\_