

Clubs for Goddard Employees

Sponsored by the Goddard Employee Welfare Association (GEWA)

May 9, 2019

GODDARD AEROBICS FITNESS CLUB

Get healthy and energized with the Goddard Aerobic Fitness Club (GAFC). We meet 1 hour every week on Center for guided aerobics classes in a collegial and welcoming environment. We meet on Tuesday and Thursday on in the Building 28 atrium (ground floor) from 4:30-5:30. Walk-in rate is \$9.00 and a “session” rate is based on how many classes we offer for that session. Bring your exercise mat and water! Need more information?

See <https://gewa.gsfc.nasa.gov/clubs/aerobics/>.

ARCHERY

The Archery club gets together at the range to safely enjoy the sport of archery. Interested in learning more? Contact

sherrod.o.ware@nasa.gov.

ART OF LIVING

The GEWA Art of Living Club provides noon guided meditations to all NASA employees. We have been doing this consistently since 2001. A good summary of what and where is posted in Dateline every month.

Gain more focus and energy; lose the stress and fatigue! Join the Art of Living Club’s guided lunchtime meditation sessions -- no training or experience required. We facilitate longer group sessions for those who are already trained in a breathing meditation technique. All sessions take place on site. Time and place in Dateline or contact william.l.hayden@nasa.gov. Work smarter and help make Goddard a more dynamic and enjoyable place to work!

NASA GODDARD ASSOCIATION OF POSTDOCTORAL SCHOLARS

A group for all early career scientists at GSFC. We advocate on your behalf, facilitate career development opportunities, and provide an informal support network and social interaction among peers (weekly Brown Bag lunches, Happy Hours, brunches, etc.). Feel free to sign up for our mailing list

<https://lists.nasa.gov/mailman/listinfo/gsfsc-ngaps> or join us on Facebook <https://www.facebook.com/groups/65590660399/>

GODDARD ASTRONOMY CLUB

The Goddard Astronomy Club (GAC) has multiple star parties and sun parties throughout the year, everywhere from the Goddard Visitor Center to the White House! Many of our outreach events are held at veterans’ hospitals, community days, and scouting events in Maryland, DC, and Virginia. The Goddard Astronomy Club takes field trips to various observatories, national star parties, and astronomical phenomenon.

Don’t have a telescope? We have loaners! As a GAC member you will receive training on how to set up and use our club scopes so you can borrow them for outreach events or personal stargazing.

<https://astronomy.gsfc.nasa.gov/>

GODDARD AUTO TECH CLUB

The Goddard Auto Tech Center (GATC) is a place where members can work side-by-side on their car maintenance and repair projects while developing and maturing troubleshooting skills, which enhances us professionally as engineers, scientists, technicians, and other support personnel. Furthermore, cars consist of integrated mechanical, electrical, and other systems, providing familiarity with systems that are similarly applied to spacecraft and mechanisms. Also, there is great satisfaction in successfully

GODDARD AUTO TECH CLUB (cont'd)

maintaining and repairing your car and there are tremendous cost savings. The GATC offers a specialized facility, which includes 3 bays, 2 lifts, and an equipment room including high-end Hunter tire equipment. It's a testament to the know-how and self-sacrifice of the founding members that they provided the time, material and labor to construct the building in 1972, which was officially designated as Building 95.

The club breaks down barriers between one another by developing personal relationships. Members from different professions, traditionally at odds with one another, develop respect and trust. When we end up working together on a GSFC project, having already developed a personal relationship greatly enhances the professional relationship. For further information about the GATC, contact ken.blumenstock@nasa.gov

THE BIBLE CLUB

Facilitates deeper understanding of concepts in Old and New Testament, leading to a healthy outlook on life and a new perspective on your personal circumstances and world events. <https://gewa.gsfc.nasa.gov/clubs/Bible/>

GODDARD CHINESE AMERICAN CLUB

Promotes Chinese culture and diversity at Goddard through professional, social, and cultural activities among the club members and the GSFC community. The club was founded in 1987. The club organizes luncheons twice a year: in Jan-Feb for the Chinese New Year Celebration and in Sept.-Oct. for the Mid-Autumn Moon Festival Celebration, the two most important Chinese traditional festivals. The club also co-sponsors the Asian Pacific American Advisory Committee for the Taste of Asia and the Pacific Islands luncheon in May in the celebration of the Asian Pacific American Heritage Month. The club hosts featured presentations that

addresses Asian American issues and Chinese American Culture in the events. The club also provides Tai Chi classes for body and mind wellness and Tai Chi performances in the GSFC community activities. Please visit the club website for details and updates. <https://gewa.gsfc.nasa.gov/clubs/gcac/>

GODDARD DANCE CLUB – GDC

Promotes the physical, mental, and spiritual fitness of its members by sponsoring classes and practices in social ballroom dance. Dance provides physical exercise, mental stimulation through coordinated movement, and relaxing social interactions that enrich the lives of the participants. The classes and practices are held in the Building 8 Hinners Auditorium on Wednesday and Friday evenings and on occasional Saturday evenings. All members of the GSFC community, family members, and guests from outside of Goddard are welcome. Your first visit is free! <https://dance.gsfc.nasa.gov/>

NEW!

THE GODDARD DIY CRAFT CLUB

The Goddard **DIY Craft Club** is for Goddard employees and their families to come together to improve existing crafting skills and learn new ones. The purpose of this club is to promote a creative, comfortable, and social atmosphere to enjoy the art of making items that can be worn, useful, and decorative. The club is open for all skill levels and we will participate in craft ideas such as card making, scrapbooking, T-shirts, painting, Vision boards, home décor, Cricut classes, gift ideas, seasonal/holiday-themed items, and much more. General meetings are held on the 1st Tuesday of each month in Building 8, N150. Craft days are on the 2nd Tuesday and 4th Thursday of the month from 3:30 to 6p.m. Contact [JaDonna Berger](#) for more information.

FLYING CLUB

Our club provides a social and networking outlet for a diverse group of people. We host FAA Wings meetings at the Visitors Center with safety-oriented speakers. We are the oldest on-going club at Goddard established in 1960! Interested in flying? Contact Bruce Milam at Malcolm.B.Milam@nasa.gov

GODDARD ULTIMATE FRISBEE CLUB

Have you seen us playing on the mall after work? Come join us! The Goddard Ultimate Frisbee Club offers Goddard employees and families a fast-paced game of pickup Ultimate. Players of all ages and skill levels are welcome -- go long and prosper! Find out more by contacting alan.j.kogut@nasa.gov.

GARDEN CLUB

We provide Goddard employees and their families to have sections of land to grow fruit, vegetables, and flowers for their enjoyment. We also partner with Zymurnauts (Homebrewing) club to maintain small hop yard in the East Side garden area. Up to nine hop varieties grown, with the focus on high-alpha American-bred hops that grow well in our area. Photos, garden plot maps are on our [web page](#). Or contact mark.l.adrian@nasa.gov for more info.

GODDARD EUROGAMMING ENTHUSIASTS KLUB GEEK

Join the club (klub) with the coolest acronym. Contact [Mark Beckman](#).

GODDARD RUNNING AND ORIENTEERING CLUB GROG

For over 40 years the GROG has continuously hosted 2-mile and 10K runs drawing, on average, 900 runners, walkers, and parents with baby strollers each year. Employees often use this event as a healthy team-building event for coworkers. Many volunteers, the fitness center, GSFC management and GSFC security partner with us to make the spring and fall Fun Run at the Goddard campus safe

and enjoyable. The races provide friendly competition, promote health, and serve as a social activity for coworkers to coordinate their other runs at GSFC where they discuss their training, their jobs or just about anything. Find out about what a membership in the GROG provides. Contact thomas.k.winkert@nasa.gov.

CUONG NHU (KARATE)

Cuong Nhu (pronounced Kung New) combines the hard-style blocks, punches, and kicks of Japanese Shotokan karate with the softer, more circular movements of arts such as Judo, Aikido, Wing Chun, Tai Chi Chuan, and Vovinam (a Vietnamese art). A few elements of Boxing can also be found in Cuong Nhu. It is this blending of hard and soft styles from which Cuong Nhu derives its name, which is Vietnamese for Hard (Cuong) - Soft (Nhu). We practice on Campus twice a week and host one larger event in the spring. For more information, one of the heads of our dojo (school): xuan.v.nguyen@nasa.gov or felix.noreiga-1@nasa.gov.

MUSIC AND DRAMA CLUB – MAD

MAD brings theatrical arts to Goddard! There's something for everyone in our group. If you don't care to be on stage, there are many jobs you can do behind the scenes such as lighting, sound, stage construction, costume design and more. We welcome all levels of experience to our production both on and off stage. There are plenty of seasoned members to teach and encourage. We host workshops to introduce members to various aspects of stagecraft and on-stage performance. MAD is a multi-generational group. Sometimes entire families have taken part in shows. MAD has been producing shows at Goddard since 1970. Since then 36 people have met their spouse and countless friendships formed! Contact president@madtheater.org or visit <https://madtheater.org/>

PHOTO

Enjoy photography with other Goddard employees and their families. Members host field trips, display their art at showcase events and exhibits on Center, present workshops, and share their photographs on the club's Flickr site. The club provides green-screen photography depicting space themes as "keep-sakes" for employees at morale-building events. Members typically support the Astronomy club, MAD productions, and Fun Runs. Contact nancy.b.rosenbaum@nasa.gov or visit <https://gewa.gsfc.nasa.gov/clubs/photo/index.html>

RADIO

Say "Hello" to radio enthusiasts all over the world and beyond with the Goddard Amateur Radio Club! Our highly capable, long-range radio station transmits signals around the world including orbiting amateur radio satellites and licensed amateur crew members of the International Space Station. (ISS). We offer a lab and testing facilities in which our members may build and operate equipment across the spectrum of frequencies. The GARC serves as backup for the NASA emergency communications network and participates in Goddard special events such as "NASA on The Air" public outreach event and the annual ARRL Field Day. In addition, we help students and promote STEM initiatives, such as amateur radio contacts between the ISS and local schools and ham radio licensing classes for employees and summer interns.

Most of our club activity is conducted over the local repeater radio network which is open for use by all licensed radio amateurs. Come join us! We meet at Area 100 at 5:30 pm on the third Wednesday of every month. For more information contact thomas.l.capon@nasa.gov or visit <https://garc.gsfc.nasa.gov/>.

GODDARD RETIREES AND ALUMNI ASSOCIATION (GRAA)

Stay connected with your Goddard friends! No matter where they (or you) go after retirement GRAA will help you keep in touch with the directory we produce. We also host monthly meetings with guest speakers, often featuring high-level NASA leaders. Civil service retirees and alumni are considered GRAA members. The meetings are held at American Legion Post 136, Greenbelt, MD generally on the second Tuesday of the month. Contact Alberta Moran for details at [Bertiemay90@gmail](mailto:Bertiemay90@gmail.com).

SAILING CLUB

Come sail with us. We host group sails, races, intern sailing opportunities and beginner and advanced classes. See the Chesapeake Bay from one of our boats! We also boast among the lowest sailing charter rates on the Bay. Contact thomas.j.spitzer@nasa.gov

SKI CLUB

Fresh air and friendship at a winter vacation like no other! We take wonderful ski trips at very reasonable rates in renown locations in the US (The West and New England) and Europe. We offer discounted tickets to nearby resorts. See <https://gewa.gsfc.nasa.gov/clubs/ski/> or contact thomas.e.johnson@nasa.gov

GODDARD SLOW PITCH SOFTBALL ASSOCIATION (GSPSA)

Since the early 1960's, softball fans at Goddard have enjoyed playing from spring through fall, often with family members joining in games and tournaments. In the spring and summer, the GSPSA offers leagues on Monday, Tuesday and Wednesday nights, with increasing levels of competition at the week moves forward. In the fall, a single league is formed with many fun activities provided

GODDARD SLOW PITCH SOFTBALL ASSOCIATION (GSPSA) (cont'd)
throughout the season. The leagues are open to GSFC employees and retired employees, contractors, and immediate family members of eligible players. The club offers a provision for a minimal number of guests of eligible players to join the teams too! And, the club operates a concession stand before, during, and after games where you can get many of your favorite food and drink items that are often associated with baseball. The fields are conveniently located along Beaver Dam Road to the east of Soil Conservation Road. For further information, contact information for club leadership is available at <http://gsfcsoftball.org/>, or you can email the club President at jonathan.s.landis@nasa.gov or the club Treasurer at walter.f.moleski@nasa.gov.

GODDARD SOCCER LEAGUE (GSL)

The Goddard Soccer League is a competitive co-ed soccer league that provides soccer players of all skill levels with a fun and inviting environment. We're open to all Goddard employees and their family members as well as the occasional guest player. The League benefits from a diverse membership of players from Europe, Asia, Africa and the Americas! The 8 teams that make up the Leagues enjoy good-natured competition during the spring and fall seasons. Starting from its formation in the early 1970's, many long-term friendships have formed. Spouses and children who attend matches have also become friends. Interested in joining? Contact <http://www.goddardsoccer.com/contact.php>. For a fun read of our history, stats, and teams, visit <http://www.goddardsoccer.com/index.phpc>

SPORT FISHING

The Goddard Sport Fishing Club sponsors catch and release fishing at Goddard Pond, and hosts charter fishing trips on the Chesapeake

Bay and Atlantic Ocean. We are looking for leads to run point on organizing charters and receive a discount of the fare. Contact [Bobby Patschke](#) or [Bruno Munoz](#) for more information.

SPORTSMAN

The Sportsman Club, operating since 1967, facilitates improved marksmanship while promoting safe handling and proper care of firearms. The club provides an atmosphere among members of comradery and good sportsmanship offering a variety of activities such as field trips and supervised annual shooting events. Club membership provides access to area shooting facilities. Visit http://www.goddardgunclub.org/cmpps_index.php for details.

STAMP

The GSFC Stamp CLUB was established to promote, develop, and encourage philately among the Goddard Space Flight Center employees, contractors and others. To fulfill this purpose the Club has established the following objectives: (1) assist members in acquiring philatelic knowledge, (2) assist members in acquiring and exchanging philatelic material, and (3) assist in exposing fraudulent philatelic practices. The Club provides rare collectibles of space events through covers commemorating missions, launches, landings, etc. thereby promoting goodwill for the U.S. Space Program throughout the world. If interested in learning more or joining us for our monthly meeting at the Visitor Center, contact John Webster jcwgsfcsc@aol.com

TAE KWON DO

Members gain confidence through self-defense expertise, self-discipline, focus, and teamwork. We practice combat style Tae Kwon Do with emphasis on practical fighting principles independent of traditional formalities. Participants have improved their ability to be more effective at their jobs, get noticed and offered professional

TAE KWON DO (cont'd)

opportunities. For over 50 years, the Tae Kwon Do club has given its members an energy outlet with a meditative aspect, which is healthy in Goddard's fast-paced environment. There is no cost to join. Check us out on <https://gewa.gsfc.nasa.gov/clubs/TaeKwonDo/>

TENNIS

Goddard employees and their families can hone their tennis skills here on Center at one of our 8 clay courts and 2 lighted hard courts next the Barney and Bea Recreation Center. We sponsor tournaments, casual on-call play, lessons, loaner rackets and balls and more! Contact maria.c.lecha@nasa.gov or visit <https://tennisclub.gsfc.nasa.gov/>

TOASTMASTERS

Conquer your fear of public speaking! The Goddard Toastmasters offer training to learn how to speak better to one person or a large crowd. Participants also learn how to handle impromptu speaking, evaluate speeches *and* become better listeners! The Goddard Toastmaster is the on-Center chapter of Toastmasters International. Gain professional and personal confidence and influence! See https://toastmasters.gsfc.nasa.gov/GSFC_TM.html

GODDARD MIXED VOLLEYBALL LEAGUE

Come join friendly competition and energetic fun with the Goddard Mixed Volleyball League. Teams compete during the regular season, which runs from October to May, with opportunities for pick-up during off-season months. The season culminates in playoffs between the top four (4) teams. We play at the Greenbelt Community Center, 15 Crescent Road, in historic Greenbelt. New opportunities are a short 7-minute car ride away from Goddard! Visit <https://gewa.gsfc.nasa.gov/clubs/volleyball/index.shtml> for more information.

GODDARD YOGA CLUB

The Goddard Yoga Club sponsors weekly classes in structural integration and alignment, grounded in the Anusara Tradition of Hatha Yoga. Our certified yoga instructor guides participants in evening classes on Center. Classes typically consist of 5 weekly sessions. There is a fee for the session, or a drop-in fee for individual classes. The class focuses on developing strength, flexibility, endurance and correct body alignment, and is appropriate for all skill levels and abilities. No experience necessary – beginners are welcome! Visit <https://gewa.gsfc.nasa.gov/clubs/yoga/yoga.html> to join our mailing list and to see the class schedule.

THE ZYMURNAUTS HOMEBREW CLUB

Zymurgy, or zymology, is the scientific study of fermentation. Science never tasted so good! Our club is dedicated to the education and mutual improvement of our members in the hobby of homebrewing. In addition to regular meetings, we host events such as beer tastings, crab feasts, local road trips, and we participate in the homebrew competitions with other groups. The majority of activities happen on Center or nearby. We partner with the Garden club to cultivate our own hops for maximum fresh taste! The Zymurnauts Homebrew Club is a proud member of the Free State Homebrew Club Guild. Find out about our events and how to join at <http://zymurnauts.weebly.com/>.

Visit the GEWA site at <https://gewa.gsfc.nasa.gov/clubs/index.html> for additional information on clubs or contact Mary.C.Collins@nasa.gov 301 286-4515