



Mid – Autumn Festival Luncheon

Wednesday, September 14, 2011

11:30 a.m. to 1:00 p.m.

Goddard Recreation Center



MENU

Sesame Chicken

Black Pepper Fillet Steak

Singapore Style Rice Noodle

Stir Fried String Beans

Seafood Combination w/

Assorted Vegetables

Sushi: California Roll, Inner Harbor (Crab & Veggie)

Vegetarian Fried Rice, Steam Rice

Moon Cake



\$10.00 Member

\$12.00 Non-Member

Club membership fee:

\$3.00 / year \$7.00 / 3 years

\$12.00 / 5 years

Please purchase your tickets from the following representatives:

B5 / C248A	Jeff Bolognese	x 6-6114	B7 / 121	Xiaoyi Li	x 6-7312
B8 / D445	Gerald Tiqui	x 6-9461	B12 / C001	Jane Liu	x 6-2468
B16W / N038	Alice Liu	x 6-1270	B21 / 248	Meiching Fok	x 6-1083
B23 / E215	Edwin Fung	x 6-7347	B28 / N245	Minlin Chang	x 6-1630
B28 / N280	Jinghong Chen	x 6-8652	B32 / S031	Demi Feng	x 4-5519
B33 / A328	Weili Wang	x 4-5729			

2 GREAT PERFORMANCES:

- ❖ *Erhu (Chinese Violin)*
- ❖ *Tai Chi Sword*



Chinese violin (Chinese 2 stringed bowed instrument)

The **Erhu** is a traditional Chinese Fiddle that is played by inserting the bow between 2 strings. “Er”, in fact, means “two” in Chinese. The Erhu is sometime referred to as a Chinese violin, and gained popularity during the so-called golden age of opera during the Middle Ages. Like many traditional instruments, the Erhu has evolved from earlier forms and continues to be a favorite among musicians and music-appreciators in China and abroad. Its music is usually very expressive and touching, especially when you feel down and blue. We are proudly presenting the Erhu performance by **Prof Hou** of Towson University.



Tai Chi Sword is a slow and gentle form of Chinese martial arts with a play sword as an extension of body. Like Tai Chi Fist, Tai Chi Sword is an internal form of exercise by combining slow, deep abdominal breathing with the balance of body and sword in a natural and harmonic way to achieve a greater level of Tai Chi spirit. Tai Chi Sword is for experienced Tai Chi players and will be demonstrated by **Dr. Jianping Mao** of Goddard.