Goddard runners speed to victory

Goddard runners won trophies for speed and fundraising at the 1982 "Blake Heart Run for Life"—a 10-kilometer race to benefit the American Heart Association. Twenty-five entrants from Goddard's Running and Orienteering Club (GROC) collected $1,524 in pledges from their fellow workers to make Goddard's team one of only three corporate teams in the Washington Metropolitan Area to earn a First Division Award—the highest fundraising honor offered by the American Heart Association in this event. In addition, Goddard's women's team sped to victory in the women's team competition. Goddard's two men's teams finished second and sixth out of 42 teams in the open category (men only or men and women team members).

Nelda Casper (formerly with Code 310), the ninth woman to finish the race, led Goddard's championship women's team with a time of 42.3 minutes. Dorothea Nase (Code 964),

running in her first 10-kilometer race, finished tenth. Other members of the winning team were Claire Parkinson (912), Gincy Stezar (205), Bev Hartline (924), and Dawn Elliott (140).

Ned Poffenberger (Bendix) placed second in the overall competition with a time of 31.8 minutes. Goddard runners and joggers may remember Ned. He habitually sets the pace for the NASA 2-mile Fun Run, held at Goddard every spring and fall. Ed Boggess (581.2) placed eleventh. Other members of Goddard's second-place men's team were Tom Nolan (872), Chuck Naegeli (732), Ken Brown (972), Ray Hartenstein (730), Bob Phillips (284.3), Richie Weiss (405), and Dan Mandl (511). The sixth place team consisted of Larry Tabachnick (200.5), John Parker (291.4), Dick Backe (310.1), Ed Fung (734), Emil Kirwan (823), Mike Markus (914), Brian Schmidt (914), Mark Stauffer (923), Mike McGlynn (former contractor), and Bob Rosenberg (911)

GODDARD NEWS

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Safekeeping

Machines save muscle power--but people provide the "brain-power."

IT'S UP TO YOU TO MAKE A MACHINE A SAFE CO-WORKER

Sooo--
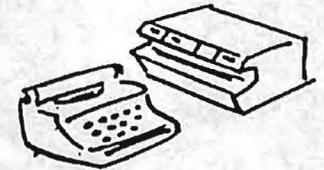
1 KNOW-HOW
Read instructions or listen to them carefully. Never use machines you don't know how to operate.

2 BE SURE MECHANICAL GUARDS ARE IN PLACE
everytime you use a machine. If you remove a guard temporarily be sure to replace it before you turn on the switch.
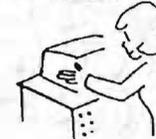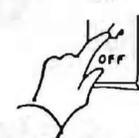
3 TURN MACHINES OFF
while adjusting them, before applying flammable solutions (if you must use them), and whenever you leave a machine even for a minute.

4 BE ALERT FOR ELECTRICAL HAZARDS
Current can kill. If a machine overheats, smokes or sparks, or you feel even a slight shock, unplug it and call a serviceman.

5 WATCH YOUR CLOTHES
Loose sleeves, scarves, hair, belts, dangling jewelry, ties and key chains, are dangerous around machines with moving parts.

6 CHECK MACHINE POSITION BEFORE USE--
see that typewriters, duplicators and adding machines are firmly on the working surface.