

# TEAM COMPETITION RULES

## TWO-MILE FUN RUN:

1. Each team must consist of at least five members, with one member designated as the captain and one member designated as the backup captain. The captain or designated backup is responsible to register the team properly before the race. Team members may consist of Goddard civil servants and contractors, co-op students on duty, retirees, or dependents of the above.
2. The team registration form must state one theme that ties all team members together. Examples: organizational unit, corporation, specific program or project, social or recreational group.
3. All team members must submit individual race entry forms. Team affiliations noted on individual forms will be disregarded. Only those whose names appear on the team entry form are counted in the team competition. Team lists are to be submitted to the Fitness Lab Director no later than 6:00p.m. on the day before the race. The team list shall be written legibly on a sheet of paper (or on sheets of papers) no smaller than 8.5" x 11".
4. Only the results of the official fun run conducted inside Goddard campus will be considered for the team score. Make-up runs on local school track will not be scored for team competition. However, the make-up runs do count for the Intercenter postal competition.
5. The race will be scored separately for males and females. The placement points for males will be the same as the finish order among male runners. The placement points for females will be normalized to account for the generally smaller number of female finishers. The normalization will be such that the first female finisher will have a placement point of one and the last female finisher will have a placement point exactly equal to that of the last male finisher.
6. The team score is the sum of the five lowest placement points of the team.
7. Team members working as volunteers during the race will count towards the team participation trophy. Volunteer names must be submitted one week before the race and must also appear on the team list.

## 10-K RACE:

1. Each team shall consist of at least 5 members. Team members may consist of GSFC civil servants and retirees, GSFC contractors, co-op students on duty, and dependents of the above.
2. Each team shall have 1 captain and 1 backup captain. The captain shall be responsible for submitting a team list to the Fitness lab Director no later than 6:00 p.m. on the day before the race.
3. Team lists shall be legibly written on a piece (or pieces) of paper 8.5" x 11" or larger. Any members not on the team list will not be counted towards the team score.
4. For the 10K race only: team participation will be based on all 10K races. This includes the walker's 10K and the make-up 10K. Each team member can only be counted for one of these events.
5. The 10K team trophy will be awarded only on number of participants per team. Speed is not a factor in this competition.
6. For the 10K race only: no common theme is required of team members.
7. 10K race volunteers will be given team status for the 10K team participation trophy.

